

From the Desk of the Rabbi...

In this secular New Year, I want to share Rabbi Richard Address' message from Gen 32 on fears and aging:

"In the aftermath of the wrestling, Jacob/Israel understands that he has had a transformative encounter. He names the place Peniel because, "I have seen a divine being face to face, and my life has been preserved." (32:31). Jacob/Israel faces this "Ivado", alone. He is afraid of what may take place as he knows Esau is coming. He wrestles and confronts his own fear, and as a result, is changed.

I think that this passage speaks to many of us. As we get older, many come to understand that we carry with us fears, some rational, some not. Often we allow those fears to get in the way of our own living and growth. At times those fears dictate some of our own behaviors. Yet, as any therapist will tell you, the only way to move forward at times, is to face those fears, wrestle with them, and hopefully emerge changed. We see this with addiction issues. We may be seeing it now with issues of sexual abuse and the addiction to power and control which may

Save the Dates:

SHABBAT SERVICES THIS MONTH:

January 12

January 26

17TH ANNUAL BRUNCH & CARD PARTY

Thursday, January 25, 10:00 a.m. to 2:00 p.m.

Creek Course Clubhouse — Palm Coast

DELI NITE

Thursday, February 15, at 6:00 p.m.