# THE SHOFAR

# BULLETIN

TEMPLE BET YAM

January 2018

Tevet / Shevat 5778

2055 Wildwood Drive P.O. Box 860098 St. Augustine, FL 32086 904-819-1875

#### From the Desk of the Rabbi...

In this secular New Year, I want to share Rabbi Richard Address' message from Gen 32 on fears and aging:

"In the aftermath of the wrestling, Jacob/Israel understands that he has had a transformative encounter. He names the place Peniel because, "I have seen a divine being face to face, and my life has been preserved." (32:31). Jacob/Israel faces this "I'vado", alone. He is afraid of what may take place as he knows Esau is coming. He wrestles and confronts his own fear, and as a result, is changed.

I think that this passage speaks to many of us. As we get older, many come to understand that we carry with us fears, some rational, some not. Often we allow those fears to get in the way of our own living and growth. At times those fears dictate some of own behaviors. Yet, as any therapist will tell you, the only way to move forward at times, is to face those fears, wrestle with them, and hopefully emerge changed. We see this with addiction issues. We may be seeing it now with issues of sexual abuse and the addiction to power and control which may mask a fear of insecurity.

Facing one's fears, regardless of our age, is not easy. In fact, as we get older, it may be more difficult, since we are more "comfortable" with the status quo. However, let me suggest that one of the messages of this portion is the call from Torah to have the courage to face those fears, for like the symbolism of Jacob, we may emerge on the other side changed. None of this is easy. Again, Torah sends us a message from an ancient past that speaks to us today."

This message is best captured by the prayer / song written by Rabbi Nachman of Bratslav Narrow Bridge that we use for Yom Kippor & Yizkor: 'Kol Haolam Kulo Gesher Tzar Meod Vehaikar Lo Lfached Klal.' Whole World [All Of Life] Is A Very Narrow Bridge; The Most Important Thing Is Not To Be Afraid.' 2018, have faith, show courage, and don't be fearful.

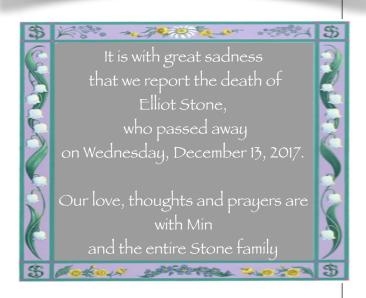
Save the Dates!

SHABBAT SERVICES THIS MONTH: January 12

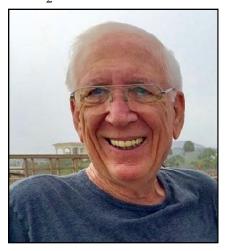
January 26

17TH ANNUAL BRUNCH & CARD PARTY Thursday, January 25, 10:00 a.m. to 2:00 p.m. Creek Course Clubhouse — Palm Coast

> **DELI NITE** Thursday, February 15, at 6:00 p.m.



Fred M. Raskind. Rabbi

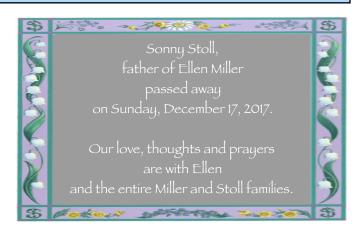


It is with great sadness that we report the death of Elliot Stone, who passed away on Wednesday, December 13, 2017. Elliot is remembered by all for his kindness, willingness to help, and great smile.

From the time Elliot and Min joined TBY in 2000, he was always someone who could be counted on to help. He was instrumental in organizing the first deli night, involved in obtaining the original mortgage, instrumental in negotiating various insurance policies, and was an important part of the finance committee during his entire TBY tenure. When he became Membership Chair, he held on to that position for 10 years, helping to grow the congregation by over 80 members. Later, he chaired the Men's Club, Life Long Learning, and was Vice President for Denise Mensh and Bobbi Carman, before once more becoming Co-Membership Chair last year. Everyone who ever worked with Elliot said that he never told them what to do and was never critical, but rather constantly just offered to help. That is how all remember him.

It is with great sorrow that we also have to report two more deaths that occurred this month affecting the lives of our Temple Bet Yam family. Let us hope and pray for happier times in 2018.





#### January Dates to Remember

Monday, January 1 (New Year's Day)

Tuesday, January 2

6:30 - 8:00 p.m. Board Meeting

Sunday, January 7

9:00 a.m. - 12:00 p.m. Religious School

Monday, January 8

6:00 - 9:00 p.m. Choir Practice

Thursday, January 11

1:00 - 2:30 p.m. Sisterhood Meeting Speaker: Nancy Cohen

Friday, January 12

7:30 p.m. Shabbat Service

Monday, January 15

6:00 - 9:00 p.m. Choir Practice

Tuesday, January 16

1:00 -3:00 p.m. Sisterhood Book Club <u>Outwitting History</u>, by Aaron Lansky Discussion led by Heine Hoffman Sunday, January 21

9:00 a.m. - 12:00 p.m. Religious School

Monday, January 22

6:00 - 9:00 p.m. Choir Practice

Thursday, January 25

10 a.m. - 2:00 p.m.

17th Annual Brunch & Card Party Creek Course Clubhouse

24 Creek Course Drive, Palm Coast

Friday, January 26

7:30 p.m. Shabbat Service

Sunday, January 28

9:00 a.m. - 12:00 p.m. Religious School

Monday, January 29

6:00 - 9:00 p.m. Choir Practice

Wednesday, January 31

11:30 a.m. - 1:00 p.m. Life Long Learning Tu B'Shvat: Judaism & The Environment Discussion led by Larry Kurlandsky

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